INFLAMMATION



Prof. M. Kamal Dept. of Pathology, BSMMU

SUGGESTED TEXT BOOK

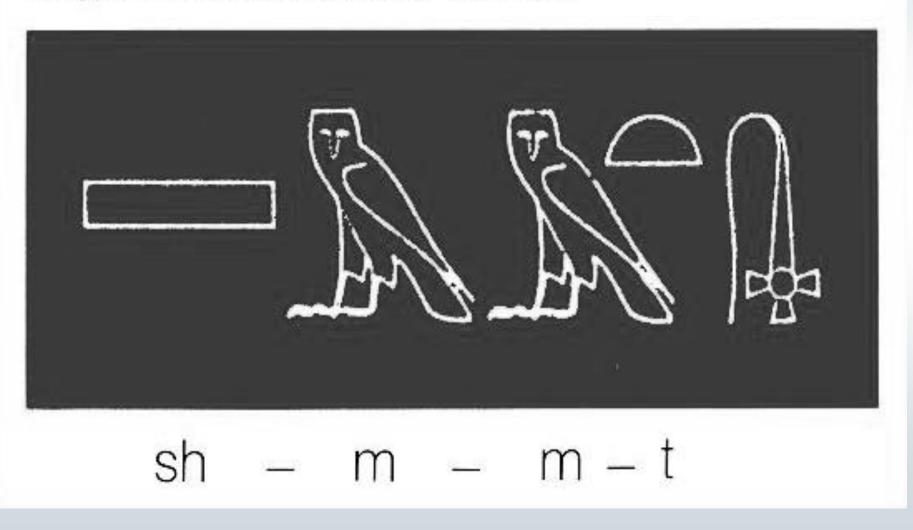


http://pathbsmmu.weebly.com/



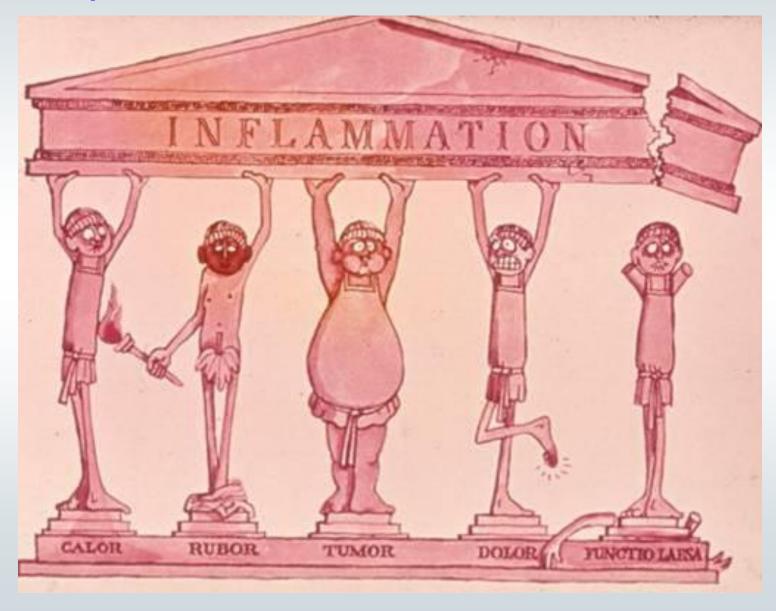
INFLAMMATION – "HOT THING"

Figure 1. Smith Papyrus, circa 1650 B.C. Hieroglyphs read shememet, translated as "inflammation."



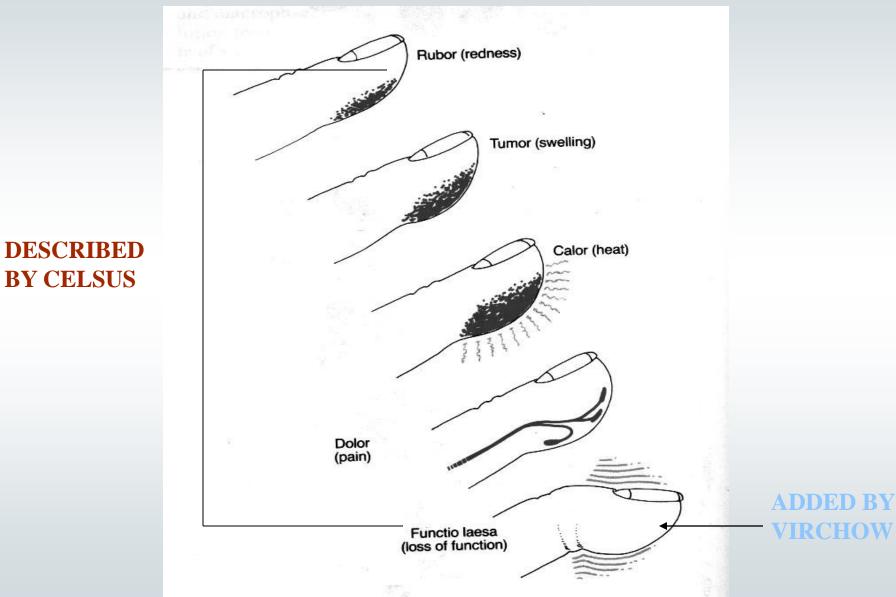
CARDINAL SIGNS OF INFLAMMATION

(Greek) heat – redness – swelling – pain – loss of function



SIGNS OF INFLAMMATION

BY CELSUS



SIGNS OF INFLAMMATION

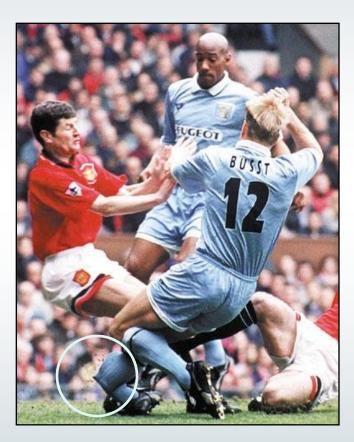


- It is a short-lived stereotypic response to a variety of injurious agents. The changes are essentially the same whatever the cause and wherever the site.
- The cause of acute inflammation-various

Types of Injury

Primary Injury

- Physical / Mechanical trauma
- Metabolic (hypoxia)
- Thermal
- Biological (infections)
- Chemical



Types of Injury



Secondary Injury

 Additional injury that occurs as a result of the primary injury

Secondary Injury

- Two types
 - secondary enzymatic
 - secondary hypoxic (secondary ischemic)
- Affects uninjured cells on periphery of the primary lesion
- Increases total quantity of tissue damage

 potentially increases healing time

- Inflammation results in a protective vascular connective tissue reaction which has the following effects:
 - Dilute
 - Destroy
 - Isolate
 - Initiate repair
- Acute and chronic forms

STAGES OF INFLAMMATION

I. NEUROLOGIC RESPONSE - SYMPATHETIC NERVOUS SYSTEM, CAUSES CONSTRICTION OF BLOOD VESSELS

II. VASCULAR RESPONSE -

Vasodilation Vascular leakage and edema Leukocyte emigration (mostly PMNs)

TRIPLE RESPONSE



- 3-50 SEC. THIN RED LINE (VASODILATION OF CAPILLARIES)
- 30-60 SEC. FLUSH (VASODILATION OF ARTERIOLES)
- 1-5 MIN WHEAL (INCREASED VASCULAR PERMEABILITY,
- EDEMA)

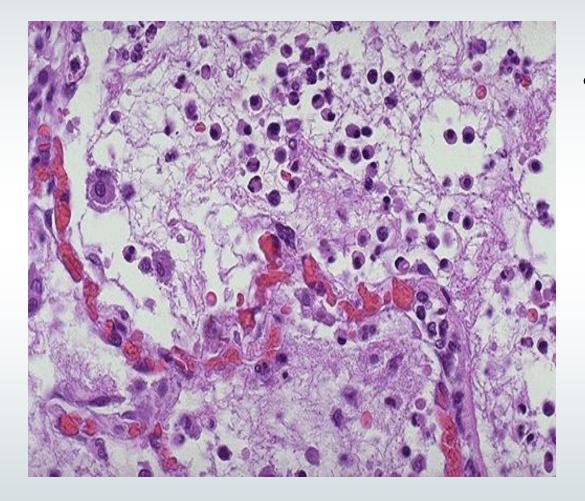
Vascular changes in acute inflammation

- Changes in blood flow and calibre of blood vessels:
 - Transient vesoconstriction followed by vesodilatation
 - Slowing of circulation
- Changes in vascular permeability
 - Immediate transient response
 - immediate sustained response
 - delayed prolonged leakage
- Consquence; exudate formation (inflammatory oedema)

Vasodilation

- Brief arteriolar vasoconstriction followed by vasodilation
 - Accounts for warmth and redness
 - Opens microvascular beds
 - Increased intravascular pressure causes an early transudate (protein-poor filtrate of plasma) into interstitium (vascular permeability still not increased yet)

Vasodilation



 vasodilation with exudation that has led to an outpouring of fluid with fibrin into the alveolar spaces, along with PMN's

- Vascular permeability (leakiness) commences
 - Transudate gives way to exudate (proteinrich)
 - Increases interstitial osmotic pressure contributing to edema (water and ions)

Increased vascular permeability

• Is the basis of inflammatory exudate formation.

 Increased hydrostatic pressure and reduced osmotic pressure are responsible for fluid outflow.

Five mechanisms for Vascular leakage

- <u>Chemical mediators</u>: Histamines, bradykinins, leukotrienes cause an early, brief (15 – 30 min.) *immediate transient response* in the form of endothelial cell contraction that *widens intercellular gaps* of venules (not arterioles, capillaries)
- <u>**Cytokine mediators**</u> (TNF, IL-1) induce <u>endothelial cell junction retraction</u> through cytoskeleton reorganization (4 – 6 hrs post injury, lasting 24 hrs or more)

 Direct endothelial cell damage (necrosis, detachment) making them leaky until they are repaired (*immediate sustained response*), or may cause delayed damage as in thermal or UV injury, or some bacterial toxins (delayed prolonged leakage)

 Marginating and endothelial cell-adherent leukocytes may pile-up and damage the endothelium through activation and release of toxic oxygen radicals and proteolytic enzymes (*leukocyte-dependent endothelial cell injury*) making the vessel leaky

- Certain mediators (VEGF) may cause increased transcytosis via intracellular vesicles which travel from the luminal to basement membrane surface of the endothelial cell
- All or any combination of these events may occur in response to a given stimulus

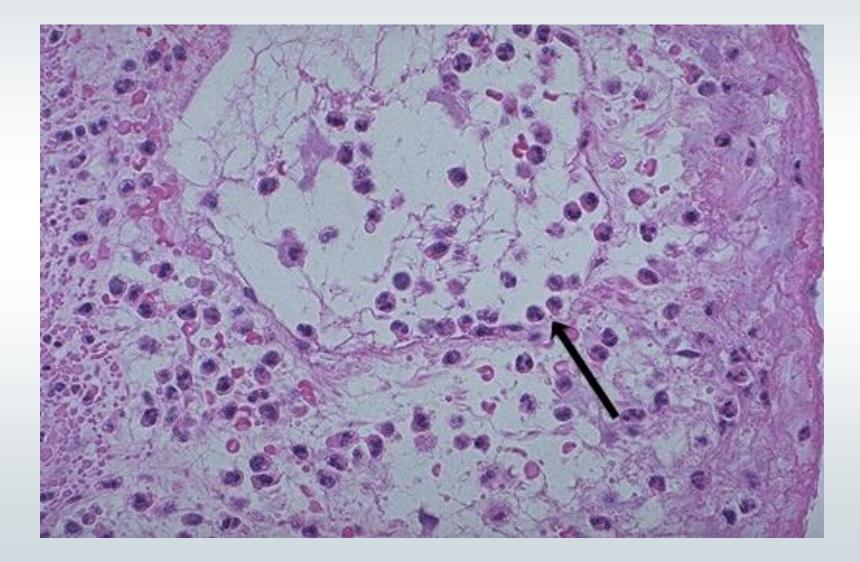
Leukocyte extravasation and phagocytosis

- Margination → rolling → pevmenting → adhesion → diapedesis → chemotaxis → Activation → phagocytosis → bacterial killing & degradation
- Chemotaxis
- Chemotactic agents: C5a, LTB4, IL-8, Bacterial products.

- Leukocyte induced tissue injury:
 - Mediated by lysosomal enzymes/Oxygen derived metabolites/arachidonic acid metabolites.
 - Mechanisms: Regurgitation during feeding, frustated phagocytosis/ cytotoxic release/ exocytosis.
- Defects in leukocyte function: Defects in adhesion / phagocytosis / microbicidal effects.

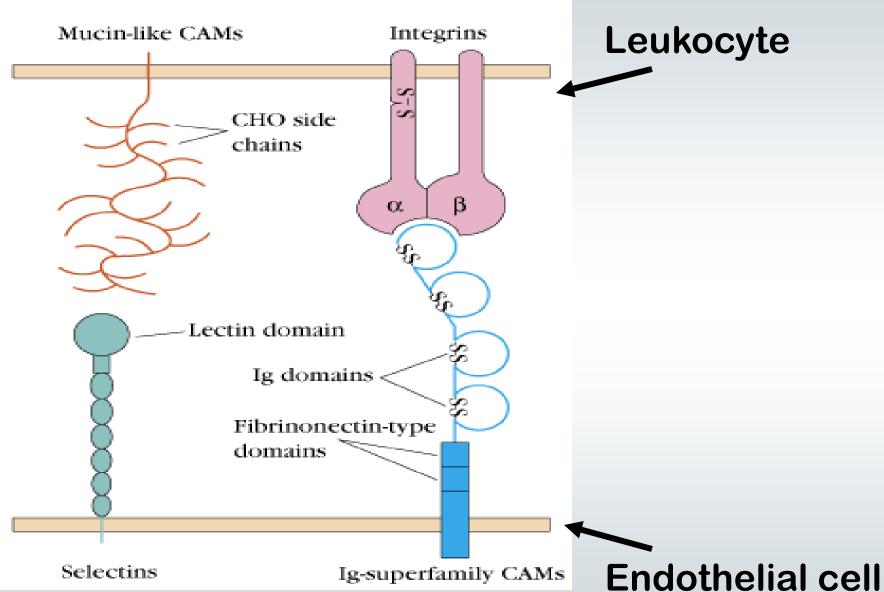
Leukocyte cellular events

- Leukocytes leave the vasculature routinely through the following sequence of events:
 - Margination and rolling
 - Adhesion and transmigration
 - Chemotaxis and activation
- They are then free to participate in:
 - Phagocytosis and degranulation
 - Leukocyte-induced tissue injury

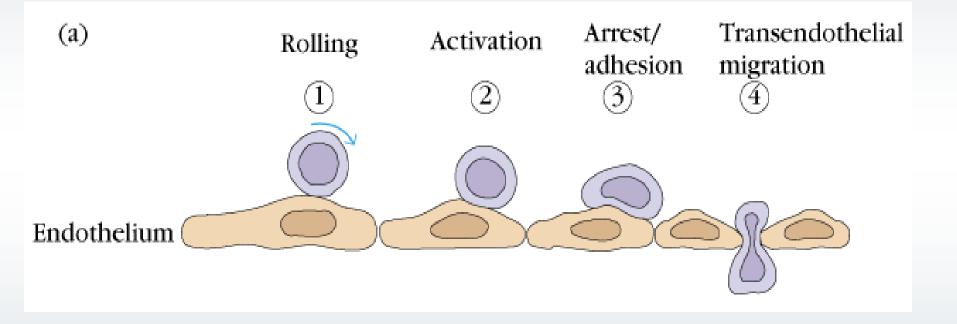


Leukocyte adhesion and transmigration

- Regulated by adhesion molecules on leukocytes and endothelial surface.
- Chemical mediators and cytokines modulate the surface expression and avidity of these molecules.
- Four molecular families of adhesion molecules are involved:
- Selectins: E-selectin (CD63E), P-selectin (CD62P)
- Immunoglobulin family molecules: ICAM-1, VCAM-1
- Integrins: LFA-1, Mac-1
- Mucin like glycoproteins: Heparan sulphate



(a) General structure of CAM families



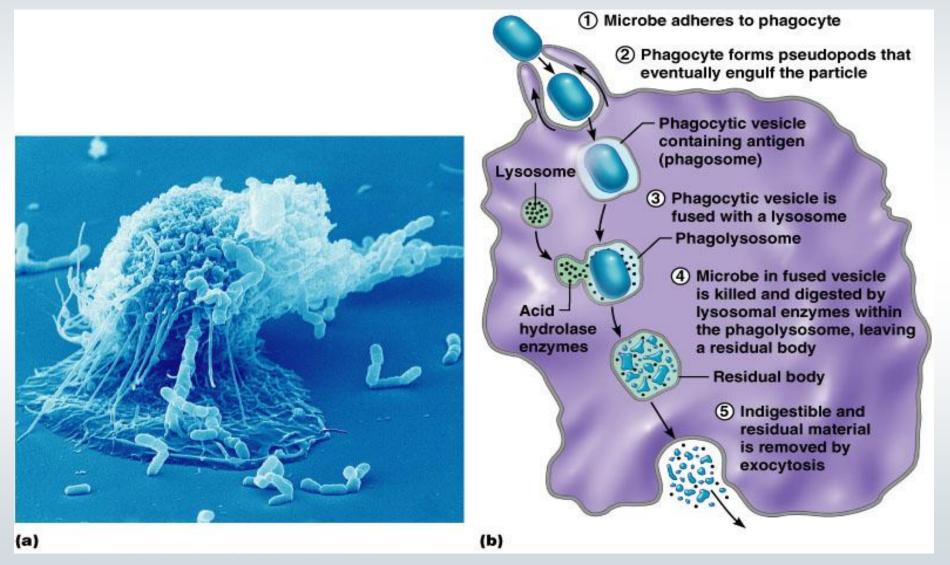
Phagocytosis

- Recognition and attachment
- Engulfment
- Killing and degradation

Mechanism of Phagocytosis

- Microbes adhere to the phagocyte
- Pseudopods engulf the particle (antigen) into a phagosome
- Phagosomes fuse with a lysosome to form a phagolysosome
- Invaders in the phagolysosome are digested by proteolytic enzymes
- Indigestible and residual material is removed by exocytosis

Mechanism of Phagocytosis



Killing and degradation

- Oxygen dependent mechanism
- Oxidative burst and reactive oxygen intermeiates
- Hydrogen-myeloperoxidase- halide system
- Oxygen independent mechanisms
 - Bactericidal permeability increasing protein
 - Lysozyme
 - Lactoferrin
 - Major basic protein
 - Defensins
 - Neutrophilic enzymes e.g. elastase

Recognition and Binding

- Opsonized by serum complement, immunoglobulin (C3b, Fc portion of IgG)
- Corresponding receptors on leukocytes (FcR, CR1, 2, 3) leads to binding

Phagocytosis and Degranulation

- Triggers an oxidative burst (next slide) engulfment and formation of vacuole which fuses with lysosomal granule membrane (phagolysosome)
- Granules discharge within phagolysosome and extracellularly (degranulation)

Oxidative burst

- Reactive oxygen species formed through oxidative burst that includes:
 - Increased oxygen consumption
 - Glycogenolysis
 - Increased glucose oxidation
 - Formation of superoxide ion
 - $2O_2$ + NADPH $\rightarrow 2O_2^{-rad}$ + NADP+ + H+ (NADPH oxidase)
 - $O_2 + 2H^+ \rightarrow H_2O_2$ (dismutase)

Reactive oxygen species

- Hydrogen peroxide alone insufficient
- MPO (azurophilic granules) converts hydrogen peroxide to HOCI⁻ (in presence of CI⁻), an oxidant/antimicrobial agent
- Therefore, PMNs can kill by halogenation, or lipid/protein peroxidation

Degradation and Clean-up

- Reactive end-products only active within phagolysosome
- Hydrogen peroxide broken down to water and oxygen by catalase
- Dead microorganisms degraded by lysosomal acid hydrolases

Leukocyte granules

- Other antimicrobials in leukocyte granules:
 - Bactericidal permeability increasing protein (BPI)
 - Lysozyme
 - Lactoferrin
 - Defensins (punch holes in membranes)

Leukocyte-induced tissue injury

- Destructive enzymes may enter extracellular space in event of:
 - Premature degranulation
 - Frustrated phagocytosis (large, flat)
 - Membranolytic substances (urate crystals)
 - Persistent leukocyte activation (RA, emphysema)

Defects of leukocyte function

- Defects of adhesion:
 - LFA-1 and Mac-1 subunit defects lead to impaired adhesion (LAD-1)
 - Absence of sialyl-Lewis X, and defect in Eand P-selectin sugar epitopes (LAD-2)
- Defects of chemotaxis/phagocytosis:
 - Microtubule assembly defect leads to impaired locomotion and lysosomal degranulation (Chediak-Higashi Syndrome)

Defects of leukocyte function

- Defects of microbicidal activity:
 - Deficiency of NADPH oxidase that generates superoxide, therefore no oxygen-dependent killing mechanism (chronic granulomatous disease)

CHEMICAL MEDIATORS OF INFLAMMATION

- Vascular & cellular events of inflammation are mediated by chemical mediators derived from plasma or cells
- List of chemical mediators:
 - Vasoactive amines: Histamine, serotonine
 - Plasma proteases: Complement, kinine & clotting syst.,
 - Arachedonic acid metabolites: Prostaglandins, leukotrines
 - Platelet activating factor
 - Cytokines: IL-1, TNF
 - Lysosomal constituents of leukocytes
 - Oxygen derived free radicals
 - Nitric oxide
 - Other: Neuropeptides

Chemical mediators

- Plasma-derived:
 - Complement, kinins, coagulation factors
 - Many in "pro-form" requiring activation (enzymatic cleavage)
- Cell-derived:
 - Preformed, sequestered and released (mast cell histamine)
 - Synthesized as needed (prostaglandin)

Specific mediators

- Vasoactive amines
 - Histamine: vasodilation and venular endothelial cell contraction, junctional widening; released by mast cells, basophils, platelets in response to injury (trauma, heat), immune reactions (IgE-mast cell FcR), anaphylatoxins (C3a, C5a fragments), cytokines (IL-1, IL-8), neuropeptides, leukocyte-derived histamine-releasing peptides

Specific mediators

- Serotonin: vasodilatory effects similar to those of histamine; platelet dense-body granules; release triggered by platelet aggregation
- Plasma proteases
 - Clotting system
 - Complement
 - Kinins

Complement system

- Components C1-C9 present in inactive form
 - Activated via classic (C1) or alternative (C3) pathways to generate MAC (C5 – C9) that punch holes in microbe membranes
 - In acute inflammation
 - Vasodilation, vascular permeability, mast cell degranulation (C3a, C5a)
 - Leukocyte chemotaxin, increases integrin avidity (C5a)
 - As an opsonin, increases phagocytosis (C3b, C3bi)

Specific Mediators

- Arachidonic acid metabolites (eicosanoids)
 - Prostaglandins and thromboxane: via cyclooxygenase pathway; cause vasodilation and prolong edema; but also protective (gastric mucosa); COX blocked by aspirin and NSAIDS

Specific Mediators

- Leukotrienes: via lipoxygenase pathway; are chemotaxins, vasoconstrictors, cause increased vascular permeability, and bronchospasm
- PAF (platelet activating factor)
 - Derived also from cell membrane phospholipid, causes vasodilation, increased vascular permeability, increases leukocyte adhesion (integrin conformation)

More specific mediators

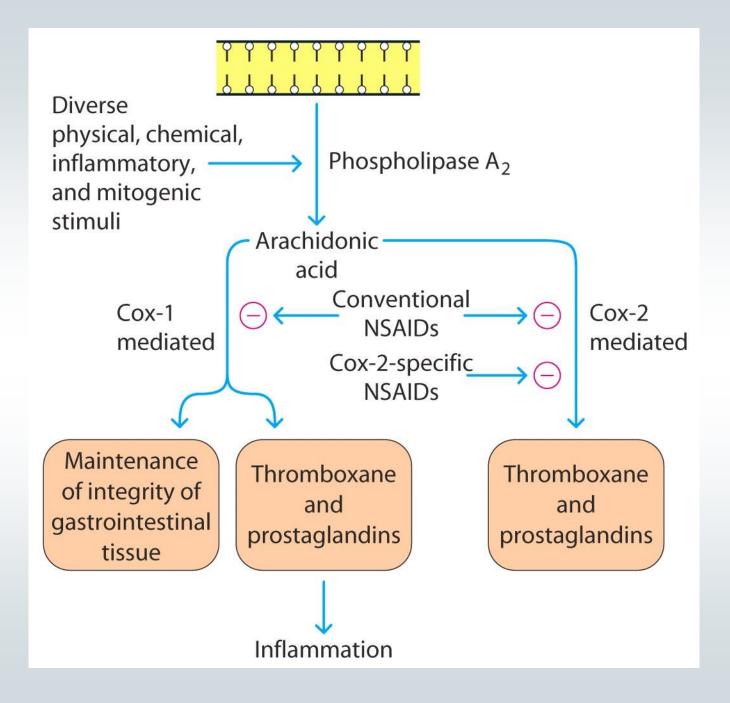
- Cytokines
 - Protein cell products that act as a message to other cells, telling them how to behave.
 - IL-1, TNF- α and - β , IFN- γ are especially important in inflammation.
 - Increase endothelial cell adhesion molecule expression, activation and aggregation of PMNs, etc., etc., etc.

Specific mediators

- Nitric Oxide
 - short-acting soluble free-radical gas with many functions
 - Produced by endothelial cells, macrophages, causes:
 - Vascular smooth muscle relaxation and vasodilation
 - Kills microbes in activated macrophages
 - Counteracts platelet adhesion, aggregation, and degranulation

Specific mediators

- Lysosomal components
 - Leak from PMNs and macrophages after demise, attempts at phagocytosis, etc.
 - Acid proteases (only active within lysosomes).
 - Neutral proteases such as elastase and collagenase are destructive in ECM.
 - Counteracted by serum and ECM antiproteases.



Complement

- 20 or so proteins that circulate in the blood in an inactive form
- Proteins include C1 through C9, factors B, D, and P, and regulatory proteins
- Provides a major mechanism for destroying foreign substances in the body

Complement

- Amplifies all aspects of the inflammatory response
- Kills bacteria and certain other cell types (our cells are immune to complement)
- Enhances the effectiveness of both nonspecific and specific defenses

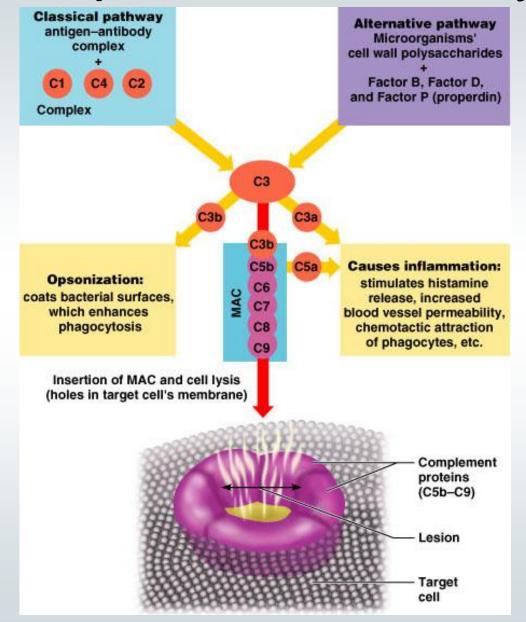
Complement Pathways

- Complement can be activated by two pathways: classical and alternative
- Classical pathway is linked to the immune system
 - Depends on the binding of antibodies to invading organisms
 - Subsequent binding of C1 to the antigenantibody complexes (complement fixation)
- Alternative pathway is triggered by interaction among factors B, D, and P, and polysaccharide molecules present on microorganisms

Complement Pathways

- Each pathway involves a cascade in which complement proteins are activated in an orderly sequence and where each step catalyzes the next
- Both pathways converge on C3, which cleaves into C3a and C3b
- C3b initiates formation of a membrane attack complex (MAC)
- MAC causes cell lysis by interfering with a cell's ability to eject Ca²⁺
- C3b also causes opsonization, and C3a causes inflammation

Complement Pathways



Macroscopic appearance of acute inflammation

- Serous inflammation
- In serous inflammation, there is abundant protein-rich fluid exudate with a relatively low cellular content. Examples include inflammation of the serous cavities, such as peritonitis, and inflammation of a synovial joint, acute synovitis. Vascular dilatation may be apparent to the naked eye, the serous surfaces appearing injected, i.e. having dilated, blood-laden vessels on the surface, (like the appearance of the conjunctiva in 'blood- shot' eyes).

Blister (serous inflammation)

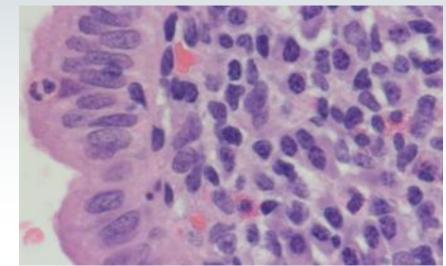


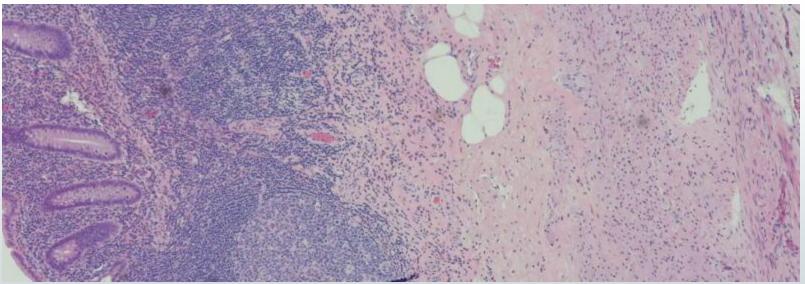
Catarrhal inflammation

 When mucus hypersecretion accompanies acute inflammation of a mucous membrane, the appearance is described as catarrhal. The common cold is a good example.

Catarrhal inflammation







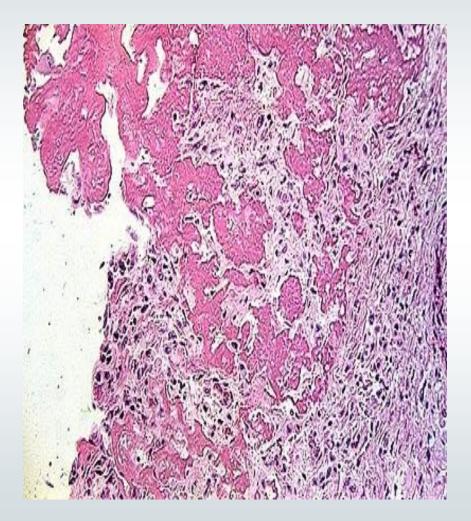
Fibrinous inflammation

 When the inflammatory exudate contains plentiful fibrinogen, this polymerises into a thick fibrin coating. This is often seen in acute pericarditis and gives the parietal and visceral pericardium a 'bread and butter' appearance.

Fibrinous inflammation

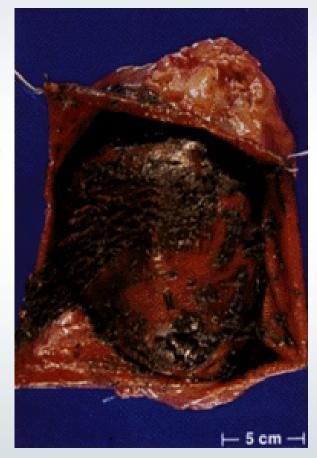


Fibrinous inflammation



Haemorrhagic inflammation

 Haemorrhagic inflammation indicates severe vascular injury or depletion of coagulation factors. This occurs in acute pancreatitis due to proteolytic destruction of vascular walls, and in meningococcal septicaemia due to disseminated intravascular coagulation.

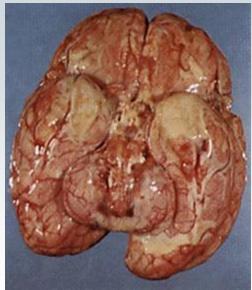


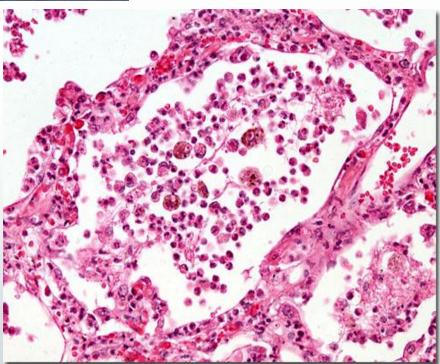
Suppurative (purulent) inflammation

 The terms 'suppurative' and 'purulent' denote the production of pus, which consists of dying and degenerate neutrophils, infecting organisms and liquefied tissues. The pus may become walledoff by granulation tissue or fibrous tissue to produce an abscess (a localised collection of pus in a tissue). If a hollow viscus fills with pus, this is called an empyema, for example, empyema of the gall bladder or of the appendix.

Acute appendicitis









Membranous inflammation

- In acute membranous inflammation, an epithelium becomes coated by fibrin, desquamated epithelial cells and inflammatory cells. An example is the grey membrane seen in pharyngitis or laryngitis due to *Corynebaeterium diphtheriae*.
- Pseudomembranous inflammation
- The term 'pseudomembranous' describes superficial mucosal ulceration with an overlying slough of disrupted mucosa, fibrin, mucus and inflammatory cells. This is seen in pseudomembranous colitis due to *Clostridium difficile* colonisation of the bowel, usually following broad-spectrum antibiotic treatment.

Pseudomembranous colitis



- Necrotising (gangrenous) inflammation
- due to oedema may lead to vascular occlusion and thrombosis, which may result in widespread septic necrosis of the organ. The combination of necrosis and bacterial putrefaction is gangrene. Gangrenous appendicitis is a good example.



Possible outcomes of acute inflammation

- Complete resolution
 - Little tissue damage
 - Capable of regeneration
- Scarring (fibrosis)
 - In tissues unable to regenerate
 - Excessive fibrin deposition organized into fibrous tissue

Outcomes (cont'd)

- Abscess formation occurs with some bacterial or fungal infections
- Progression to chronic inflammation

SYSTEMIC EFFECTS OF INFLAMMATION

ACUTE PHASE RESPONSE – OCCURS WITHIN HOURS OR DAYS OF ONSET OF INFLAMMATION, ASSOCIATED WITH PRODUCTION OF INTERLEUKIN-1 (ENDOGENOUS PYROGEN) AND INTERLEUKIN-6

I. LEUKOCYTOSIS - AN INCREASE IN WHITE BLOOD CELL NUMBERS

	NORMAL	INFLAMMATION
WBC	5000-10,000	16,000-18,000
NEUTROPHILS	69%	85%
STABS	-	12% (OF PMNS)
LYMPHOCYTES	29%	14%
MONOCYTES	2%	1%

II. INCREASE IN ERYTHROCYTE SEDIMENTATION RATE, DECREASED IRON LEVELS IN PLASMA (ANEMIA)

III. FEVER -

CAUSES - INFECTION, TUMORS, INFARCTION, TISSUE NECROSIS, HEMOLYTIC RESPONSES, HYPERSENSITIVITY REACTIONS, BRAIN INJURY, DEHYDRATION, METABOLIC DISTURBANCES

PYROGENS - FEVER PRODUCING SUBSTANCES A. EXOGENOUS - BACTERIAL PRODUCTS

(ENDOTOXIN)

B. ENDOGENOUS - LEUKOCYTE PRODUCTS (TUMOR NECROSIS FACTOR, INTERLEUKIN-1)

IV. ANOREXIA

V. INCREASED SLEEP

VI. INCREASED LIBERATION OF ARACHIDONIC ACID

LIVER INCREASES PRODUCTION OF ACUTE PHASE PROTEINS – INCLUDING COMPLEMENT COMPONENTS, C-REACTIVE PROTEIN, \gg_1 -PROTEINASE INHIBITOR

ALBUMIN SYNTHESIS DECREASES IN INFLAMMATION

Most bacterial infections induce Neutrophilia

- -Viral infections-Lymphocytosis
- -Typhoid fever, Rickettsiae-Leukopenia
- -bronchial asthma, hay fever, and parasitic infestations- *Eosinophilia*

Chronic Inflammation

Definition:

 Inflammation of prolonged duration in which active inflammation, tissue injury and the healing proceed simultaneously

• Causes:

- Persistent Infections
 - Ex. Treponema palladium
 - Organism of low toxicity and evoke an immune reaction = delayed hypersensitivity
- Prolonged Exposure to toxic Agents,
 - Exogenous (Silicosis)
 - Endogenous (Atherosclerosis)
- Autoimmunity
 - Ex. Autoimmune diseases

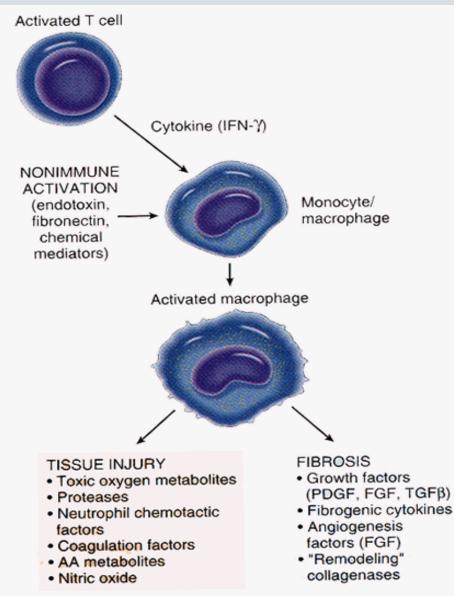
Chronic Inflammation

- Morphologic Features:
 - Infiltration with mononuclear cells (macrophages, lymphocytes & plasma cells)
 - indicates persistent reaction to injury
 - -Tissue destruction
 - Done by way of Inflammatory cells
 - -Repair involving angiogenesis and fibrosis
 - Attempt to replace lost tissue

Mechanisms of macrophage accumulation during Chronic Inflammation

- Continued recruitment of monocytes from the circulation
 - -Most important source for macrophages
- Local proliferation of macrophages from the blood stream
- Immobilization of macrophages within the site of inflammation
 - Cytokines and oxidized lipids can cause immobilization

Effects of Macrophage Activation



Other Cells of Chronic Inflammation

- Infiltration with mast cells, lymphocytes and plasma cells
- Lymphocytes

– Mobilization in both antibody – mediated and

Mast Cells

- Widely distributed in connective tissues and participate in both acute and persistent inflammatory reactions
- Binds the Fc portion of the IgE antibody

Plasma Cells

 Produce antibody directed either against persistent antigen in the inflammatory site or against altered tissue components

Eosinophils

- parasitic infections
 -

Consequences of impaired inflammation

Defective

inflammation

- ↑ susceptibility to infection
- Delay in wound healing
- Tissue damage

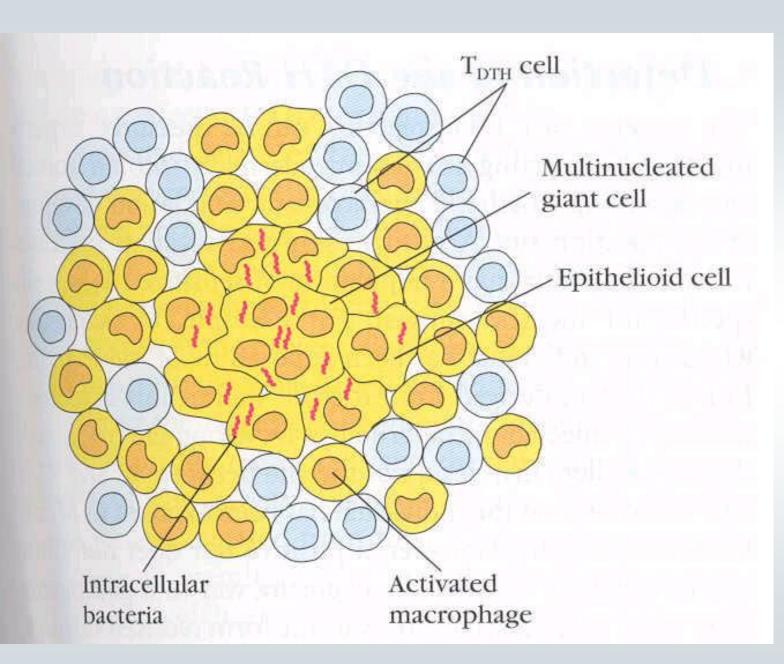
Excess Inflammation

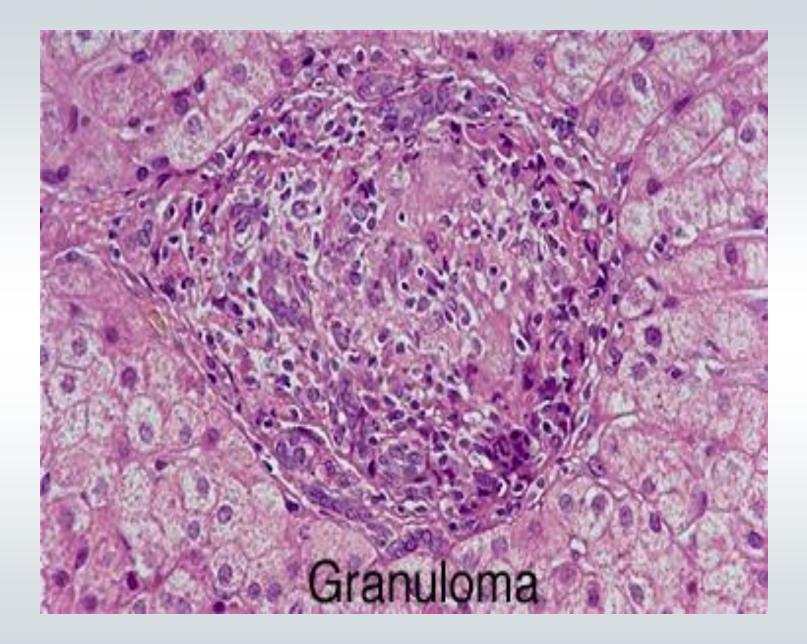
- Allergies
- Important in
 - -Cancer
 - -Atherosclerosis
 - –IHD
 - -Alzheimer's
 - -Fibrosis as a sequel of chronic infections, metabolic conditions

GRANULOMA

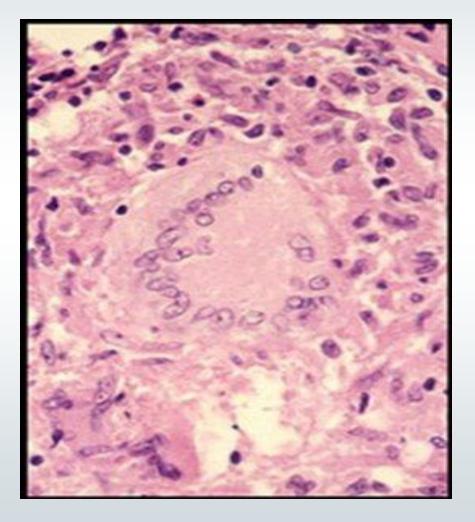
GRANULOMA

GRANULOMA IS TUMOR LIKE MASS, IT IS AN AGGREGATION OF **EPITHELOID CELLS SURROUNDING COLLAR OF LYMPHOCYTES AND** PLASMA CELLS AND GIANT CELLS IN PERIPHERY OR IN CENTER⁷⁷





LANG HAN'S TYPE OF GIANT CELL



- Horse shoe arrangement of nucleus
- Arranged in periphery.

MORPHOLOGICAL TYPES OF GRANULOMA

1- SOFT TUBERCLE GRANULOMA

Central caseous necrosis Soft consistency e.g. tuberculosis granuloma 2- HARD TUBERCLE GRANULOMA No central caseous necrosis Hard consistency

e.g. sarcoidosis

MORPHOLOGICAL TYPES OF GRANULOMA

3-GUMMA

Central gummatous necrosis Rubbery consistency e.g. syphilis.

GRANULOMAS (ON THE BASIS OF CAUSATIVE ELEMENT)

1-INFECTIVE GRANULOMA(SPECIFIC GRANULOMA)

Caused by living agent e.g TUBERCULOSIS,brucellosis. Most important viral granuloma is lymphogranuloma venereum.

ETIOLOGICAL TYPES OF GRANULOMAS (ON THE BASIS OF CAUSATIVE ELEMENT)

2-FOREIGN BODY GRANULOMA

cause is some material which is foreign to the body. It may be dusting, powder, suturing material and insect venom. **3-ALLERGIC GRANULOMA**

due to T- cell mediated immunity to a foreign body with production gamma interferon (conversion of monocyte to epitheloid cells)

e.g. Rheumatoid arthritis, Giant cell arthritis.

GRANULOMAS (ON THE BASIS OF CAUSATIVE ELEMENT)

4- GRANULOMA OF UNKNOWN AETIOLOGY

e.g. Granuloma of regional ileitis, Sarcoidosis and Histocytosis.

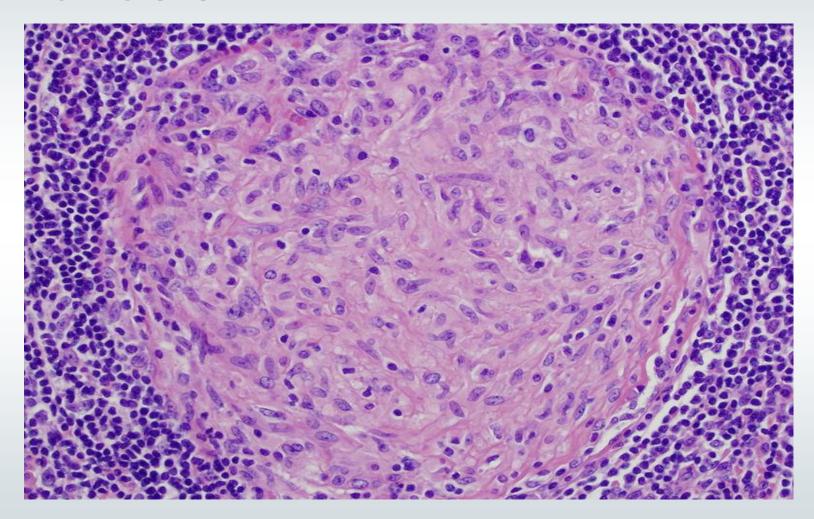
DISEASES CHARACTERISED BY GRANULOMAS

- Tuberculosis (Bacterial disease)
- Leprosy (Bacterial disease)
- Schistosomiasis (parasitic disease)
- Histoplasmosis (fungal disease)
- Cryptococcosis (fungal disease)
- Cat-scratch disease (Bacterial disease)
- Sarcoidosis (Unknown causes)
- Beryllosis (Inorganic metals and dust)

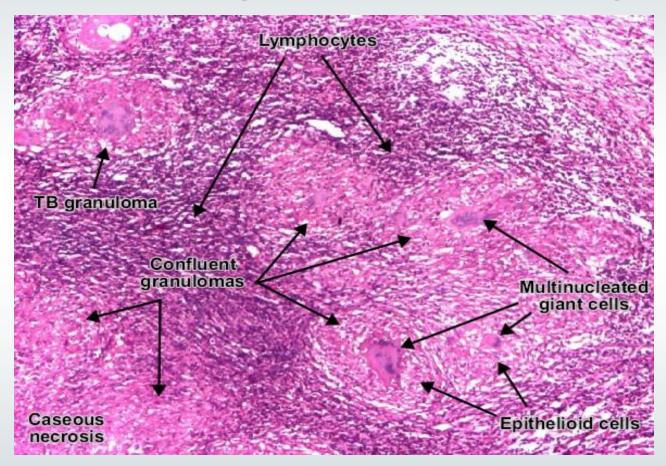
DISEASES CHARACTERISED BY GRANULOMAS

- Crohn's disease (immune reactions against intestinal bacteria, self antigens)
- Pneumocystis pneumonia (fungal yeast)
- Aspiration pneumonia (Bacterial disease)
- Syphilis (bacterial disease)
- Silicosis (Inorganic metals and dust)
- Coccodioides (Fungal disease)

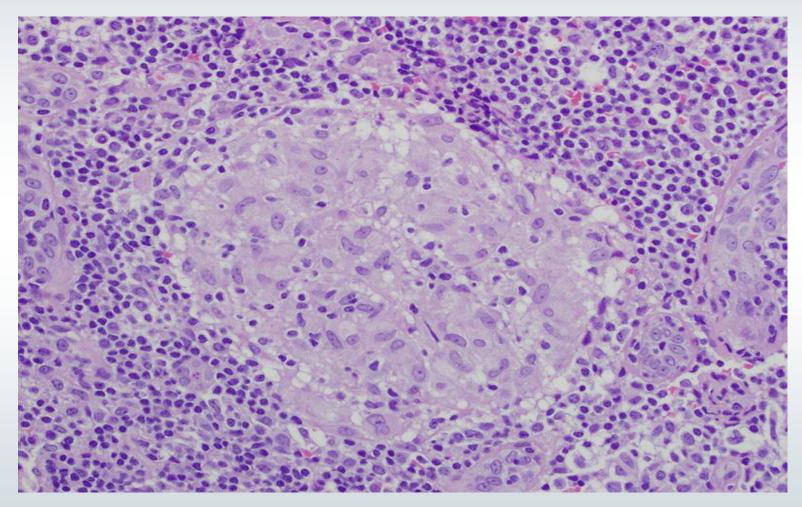
MICROSCOPIC EXAMINATION GRAULOMA WITHOUT NECROSIS.



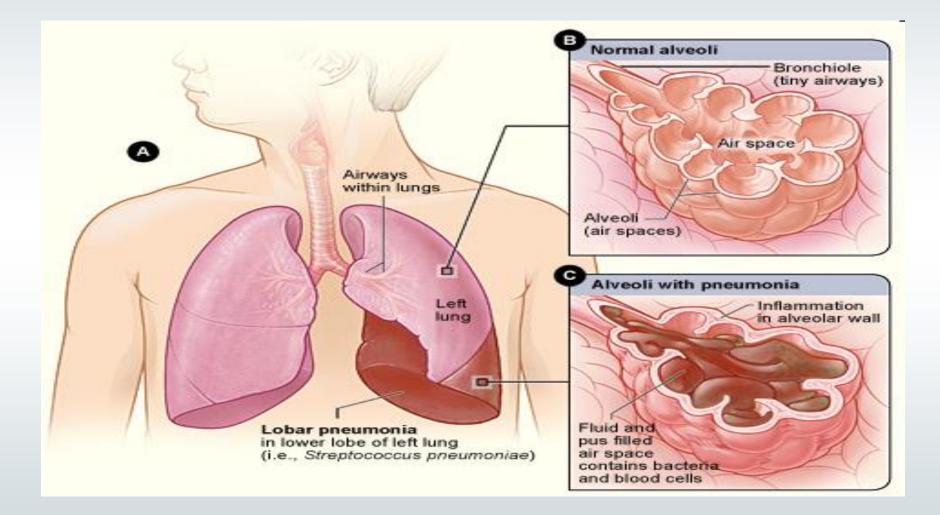
TUBERCULOSIS LYMPHADENITIS GRANULOMA (WITH NECROSIS)

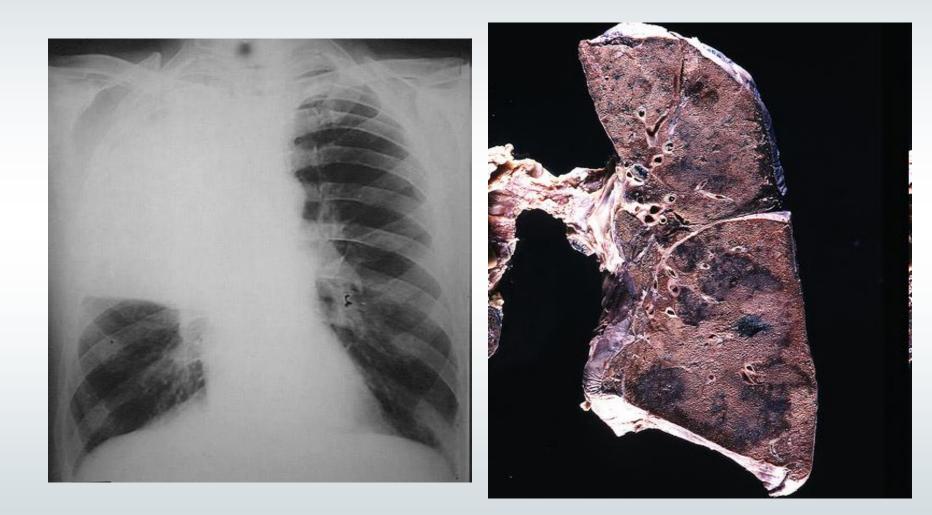


SARCOIDOSIS



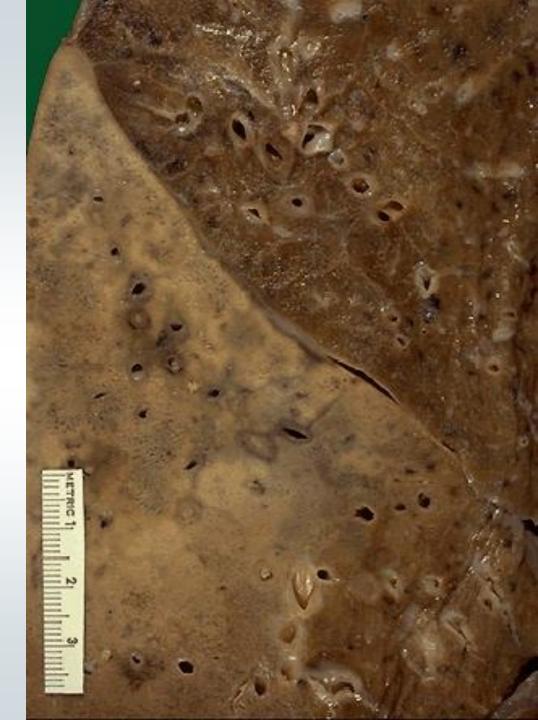
Pneumonia

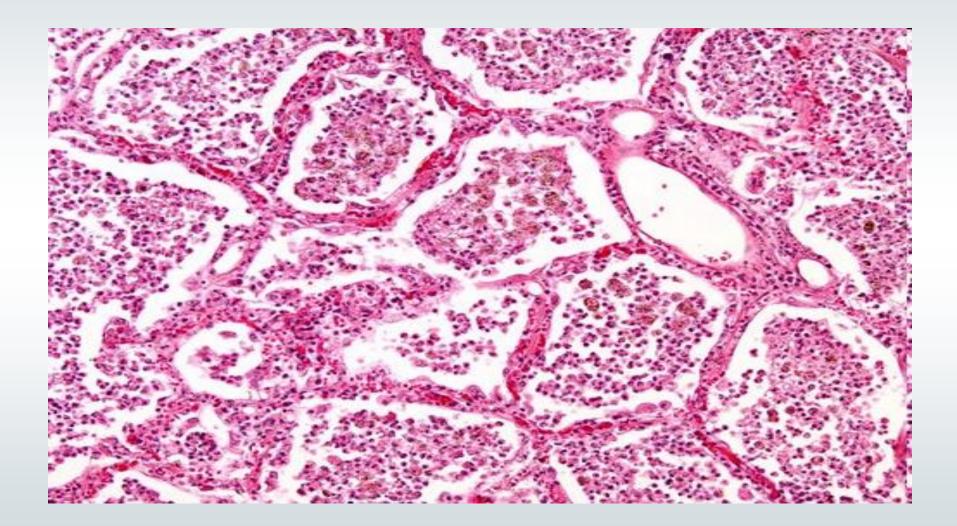


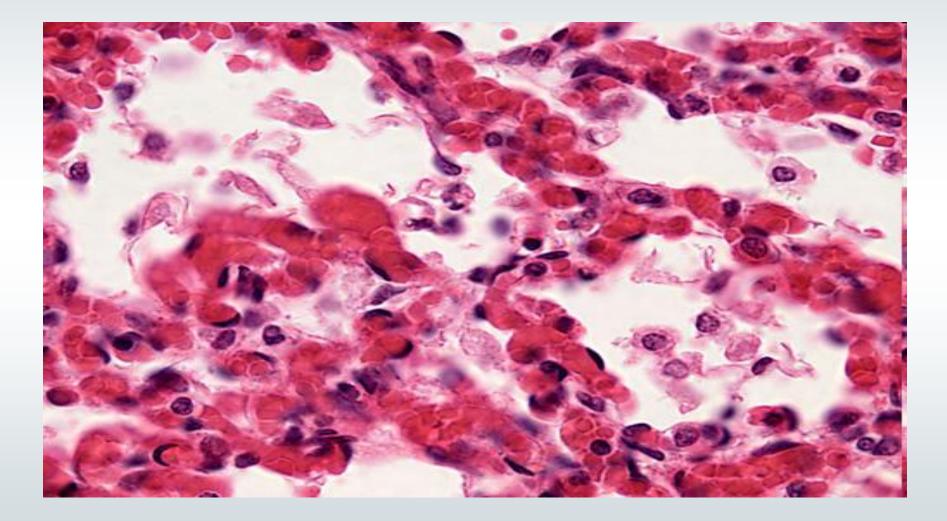




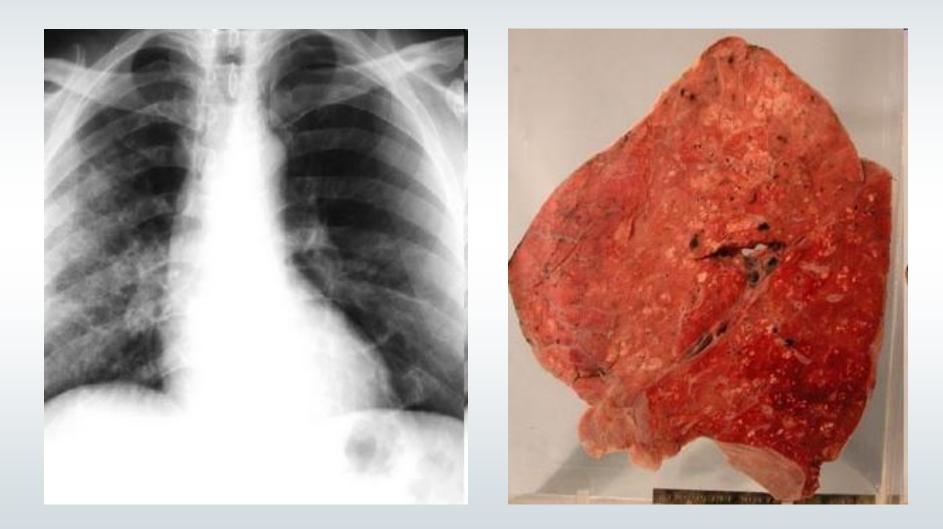
Lobar pneumonia-gray hepatization, gross photograph. The lower lobe is uniformly consolidated. A closer view of the lobar pneumonia demonstrates the distinct difference between the upper lobe and the consolidated lower lobe.

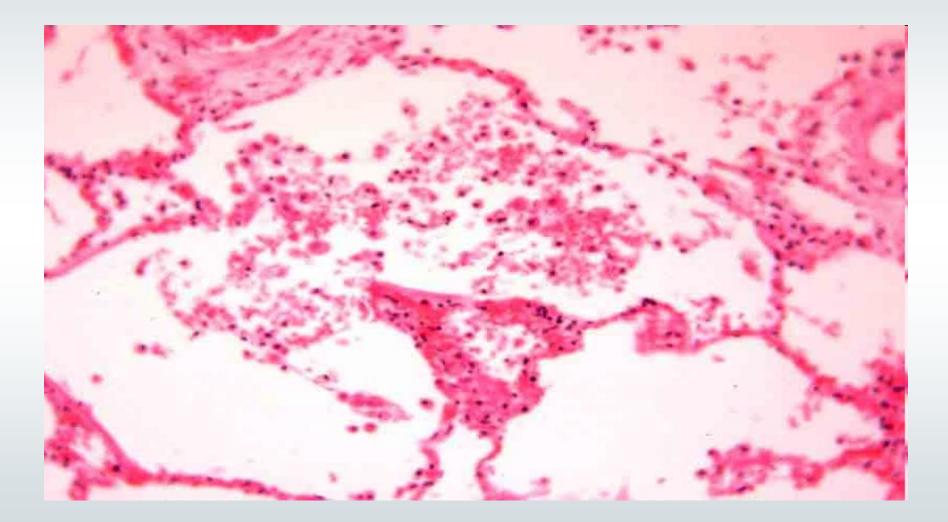


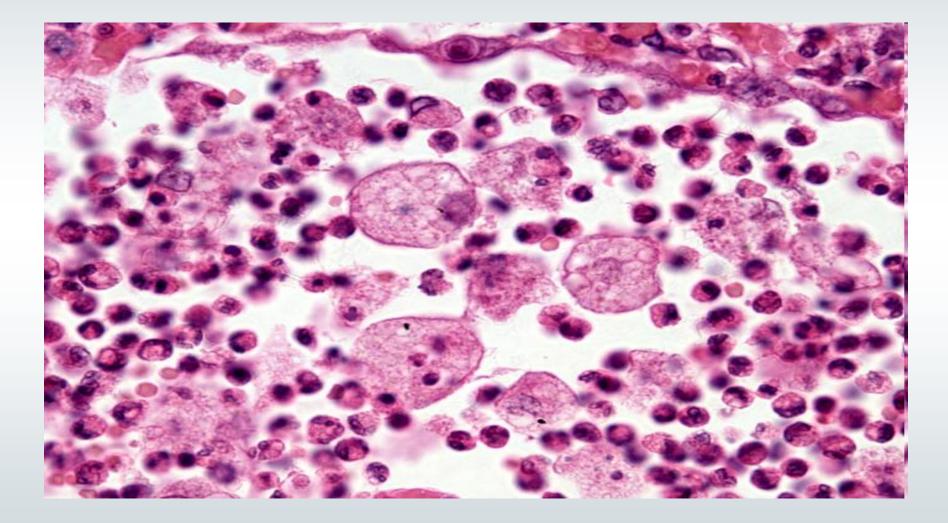


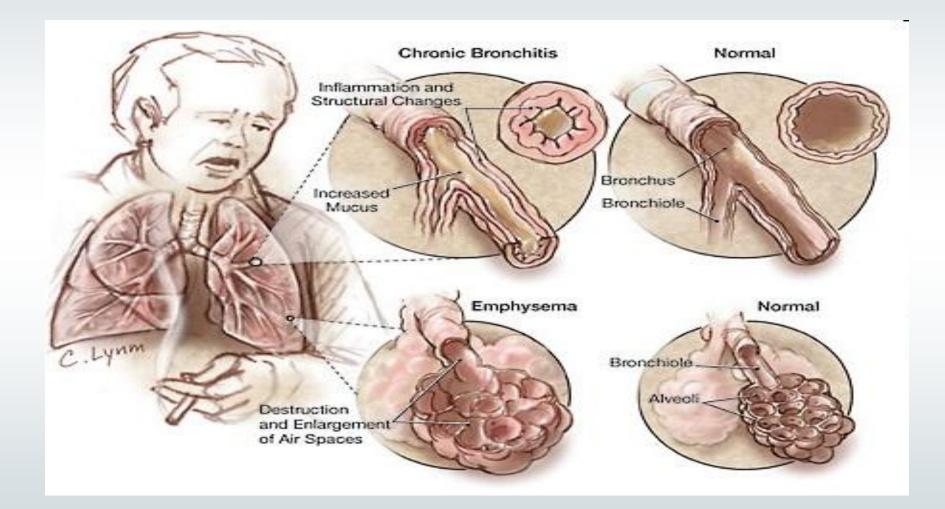


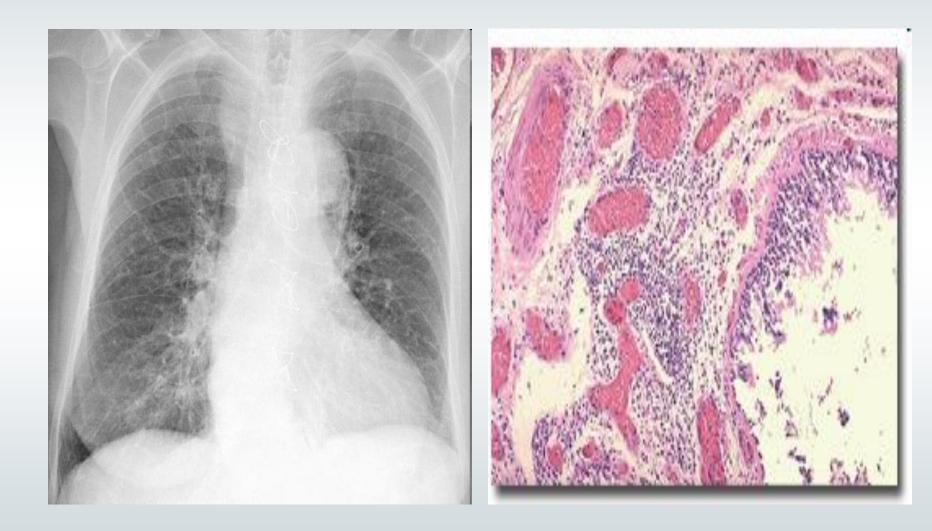
Bronchopneumonia

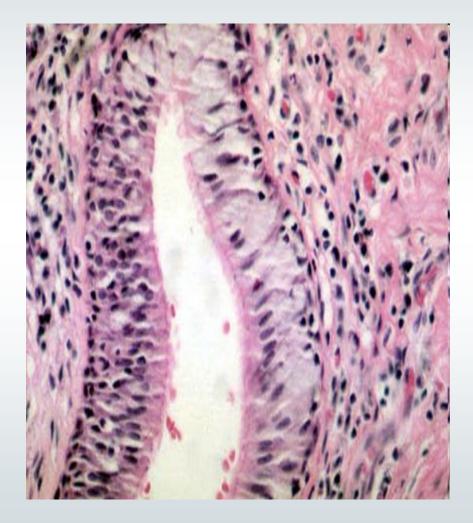




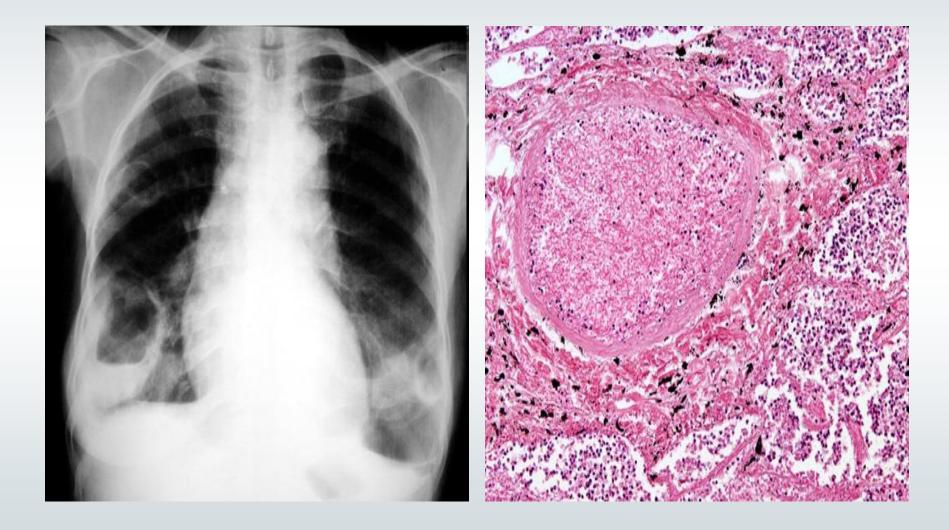












TB

